



# BUILDING UP EUROPEAN CITIZENSHIP – BRIGHT FUTURE AHEAD

SUDIONICI : 2.A I 3.A SREDNJE ŠKOLE IVANA MEŠTROVIĆA DRNIŠ

PROFESORICA : MARIJANA MIJAT

# PODATCI O PROJEKTU

- Naziv: **Buildig up European citizenship: Bright future ahead**
- Trajanje: Projekt se odvijao kroz jednu školsku godinu 2022/2023.g.
- Sudionici projekta: Francuska, Turska, Španjolska (2 škole), Hrvatska
- Broj profesora: 5
- Broj učenika: 75
- Način suradnje: online putem **eTwinning** platforme



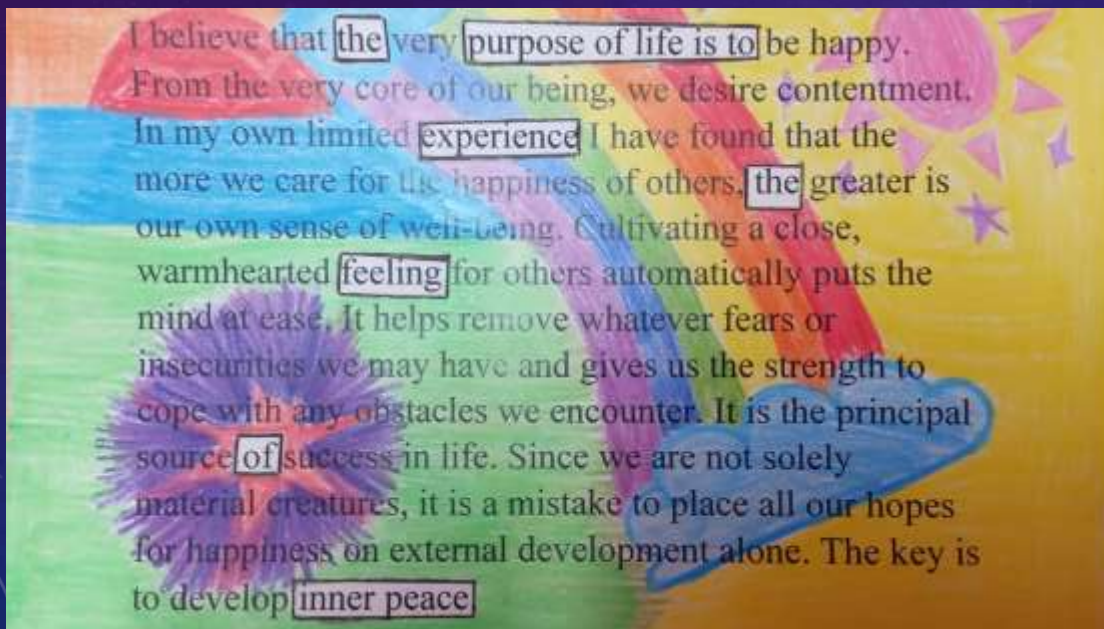
## KRATKI OPIS PROJEKTA :



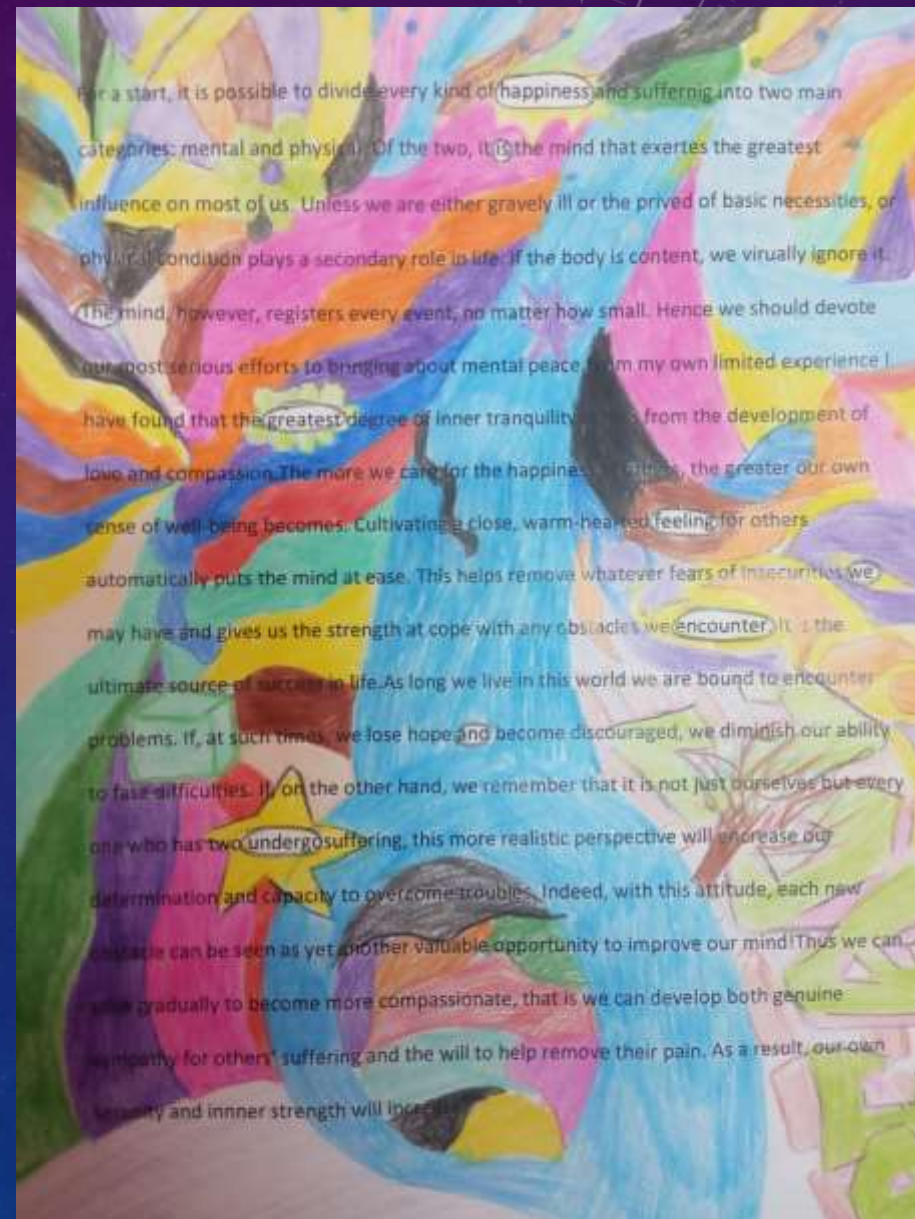
- Ovo je bio projekt za učenike od 14 do 17 godina o pripremanju da postanu budući europski građani s boljim karakternim osobinama.
- Učenici su zajedno s nastavnicima proučavali različite karakterne osobine, razgovarali o osobnosti, radili aktivnosti za njezino poboljšanje i implementirali ta poboljšanja u naš svakodnevni život.
- Radili smo na određenom pitanju svaka dva mjeseca
- Koristili smo digitalne alate za razmjenu informacija tijekom projekta za izradu postera, priča, umnih mapa, anketa, kvizova, snimanja podcasta.

# ŠTO SMO RADILI?

- Snimili smo podcaste na temu: odgovornosti i strpljivosti
- Na tu temu smo izradili umne mape
- Izradili smo blackout pjesme na temu poštovanja i brižnosti



I believe that the very purpose of life is to be happy. From the very core of our being, we desire contentment. In my own limited experience I have found that the more we care for the happiness of others, the greater is our own sense of well-being. Cultivating a close, warmhearted feeling for others automatically puts the mind at ease. It helps remove whatever fears or insecurities we may have and gives us the strength to cope with any obstacles we encounter. It is the principal source of success in life. Since we are not solely material creatures, it is a mistake to place all our hopes for happiness on external development alone. The key is to develop inner peace



For a start, it is possible to divide every kind of happiness and suffering into two main categories: mental and physical. Of the two, it is the mind that exerts the greatest influence on most of us. Unless we are either gravely ill or the privied of basic necessities, or physical condition plays a secondary role in life. If the body is content, we virtually ignore it. The mind, however, registers every event, no matter how small. Hence we should devote our most serious efforts to bringing about mental peace. From my own limited experience I have found that the greatest degree of inner tranquility comes from the development of love and compassion. The more we care for the happiness of others, the greater our own sense of well-being becomes. Cultivating a close, warm-hearted feeling for others automatically puts the mind at ease. This helps remove whatever fears of insecurities we may have and gives us the strength to cope with any obstacles we encounter. It is the ultimate source of success in life. As long we live in this world we are bound to encounter problems. If, at such times, we lose hope and become discouraged, we diminish our ability to face difficulties. If, on the other hand, we remember that it is not just ourselves but every one who has to undergo suffering, this more realistic perspective will increase our determination and capacity to overcome troubles. Indeed, with this attitude, each new obstacle can be seen as yet another valuable opportunity to improve our mind. Thus we can gradually become more compassionate, that is we can develop both genuine sympathy for others' suffering and the will to help remove their pain. As a result, our own serenity and inner strength will increase.

# REZULTATI PROJEKTA

- Cijeli projekt je odrađen uz pomoć alata Genially na kojem je provedeno predstavljanje nastavnica i učenika, ciljeva projekta i postignutih rezultata.
- Poveznica je ovdje:
- <https://view.genial.ly/6375fcc2cf1e00011b0899f/presentation-etwinning-project>



Hvala na  
pažnji

